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A long-respected standard in the psychology of adjustment, Psychology and the Challenges of Life, Eleventh Edition has been thoroughly updated and contemporized to provide students the ability to reflect on how psychology relates to the lives we live and the roles that psychology can play in helping us with the challenges we face. Authors Jeffrey Nevid and Spencer Rathus explore the many applications of psychological concepts and principles used to meet the challenges of daily life, while ...

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Chapter 7 - Summary Psychology and the Challenges of Life ...

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What are the challenges faced by psychology? - Quora

Taking on such challenges is an important part of growing and developing as a person. ... Stephen Joseph, Ph.D., is a professor of psychology, health, and social care at the University of ...

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Summary Applies psychological principles to aid readers in meeting the challenges they face in their daily lives, to solve problems, and to reach their individual potentials. Communicates the scientific nature of psychology through coverage of research methods, and the review of classic and current studies in the field.

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Challenge: A recent study found that self-consciousness and embarrassment were common reactions among dysphagia patients. The findings indicated that those dealing with swallowing challenges felt that others were noticing the effects of their disorder, especially in public dining situations.4