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workbook contains links to one or
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Google Codependency: What It Is,
What It Feels Like (HD) Designing
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Group Coda Introduction ~~DESIGNING
YOUR LIFE by Dave Evans and Bill
Burnett | Core Message~~

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understand, as all God ' s people
should, how wide, how long, how
high, and how deep his love is.

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This CODA book also has a very nice
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is valuable. Then there are many,
many stories. It is a very large book -
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Coda Workbook - go.flicharge.com (“ the CoDA blue book ”), The Twelve Steps & Twelve Traditions Workbook, and other CoDA conference endorsed literature. • Demonstrates using healthy interaction with others and continuous commitment to the process. • Starts newcomers listening and testing their understanding with such statements as: "This is what I thought I heard you say."

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GETTING STARTED WORKING STEPS 1,
2, & 3 USING ... - CoDA.org

We are using the book 'Codependents
Guide to the Twelve Steps' by Melody
Beattie. Click here to open ONE file
that contains ALL exercises for ALL
steps, or click a specific step below.

12-Step Study Exercises - coda-
tulsa.org

As a CoDA member commits to
working the program using this
method, the 30 questions and Daily
Journal Checklist will move them
gently through the first three steps
using the CoDA Blue Book as the
reference. This is a work in progress
and may be revised from time to
time. (Last Revision: January 22, 2011)

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THE TWELVE STEPS OF CO-DEPENDENTS ANONYMOUS ... - coda-pdx.org

Codependents Anonymous (CoDA) is a 12 Step Fellowship for people seeking loving and healthy relationships. CoDA Resource Publishing, Inc. (CoRe) is a not for profit service arm of CoDA, Inc. Our mission is to reach codependents who still suffer through the experience, strength and hope shared by other codependents in our literature.

CoRe Publications

CoDA Recovery Program We find by working the Steps and Traditions, we find the strength to be that which God intended, Precious & Free, with healthy, loving relationships. We find

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the Promises coming true, one day at a time.

CoDA.org

Showing top 8 worksheets in the category - Codependency. Some of the worksheets displayed are 7 ways to avoid codependency in your relationships, Fact on co dependency from mental health america, Beyond codependency workbook, Understanding codependency, 2011 patterns of recovery 2015, Getting started working steps 1 2 3 using the 30 questions, Coda beattie 12 steps, Friel co dependency ...

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CoDA literature includes workbooks,

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pamphlets, anniversary medallions, and the book CoDependents Anonymous, also known as the CoDA Book. Another option is to request an order form from: CoRE Publications
PO Box 1004 Denver, NC 28037 As stated in the 7th Tradition, CoDA is self-supporting only by contributions from the Fellowship.

CoDA Meeting Handbook

Coda brings all of your words and data into one flexible surface. Build as you go. Coda comes with building blocks—like tables and buttons—and time-saving templates, so your doc can grow and evolve with the needs of your team. Everyone gets their way.

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Coda | A new doc for teams.

If you're questioning whether CoDA is right for you and can't drop in to a meeting, this book is a great litmus test of what you could get out of the program. The more discomfort one feels with the questions, the more likely it is that the work would probably be incredibly helpful. It's good medicine, difficult as it may be to swallow.

The Twelve Steps & Twelve Traditions
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booklets “ Common Threads of
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Onions ” are also recommended.
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v1.4 June 2013

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