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Synopsis From the  
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Andrew Matthews (born November 4, 1957) is an Australian speaker and author known for his numerous self help books. Matthews was born in Victor Harbor, South Australia. He became a full-time writer in 1988, and since

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then he has written and illustrated 11 books. His book *Being Happy!* was written and published in 1988. It has sold 7 million copies and been published in 42 languages.

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